

**Nurses, Social Workers, Aging and Mental Health Staff, and Other  
Individuals Who Provide Care to Older Adults**

**REGISTER NOW!**

**The Pennsylvania Behavioral Health and Aging Coalition  
Presents a Half-Day Training Session On:**

**Understanding Dementia:  
Diagnosis, Treatment and Behavioral Management**

**This training will be conducted by Linda Shumaker, RN - BC, M.A.,  
Outreach Coordinator of the  
Pennsylvania Behavioral Health & Aging Coalition**

<b>Date</b>	<b>County</b>	<b>Location</b>	<b>Address/Room</b>
<a href="#">Oct. 6, 2011</a>	Berks	Reading Hospital and Medical Center	R Building Conference Room Sixth Ave. & Spruce Street West Reading, PA 19611 (Parking in the 5 <sup>th</sup> Street Garage)
<a href="#">Nov. 9, 2011</a>	Westmoreland	Casemanagement & Supports, Inc.	770 East Pittsburgh Street Greensburg, PA 15601
<a href="#">Dec. 7, 2011</a>	Centre	Mt. Nittany Medical Center	Conference Room (CR) 2 and 3 800 East Park Avenue State College, PA 16803
<a href="#">April 4, 2012</a>	Montgomery	Bryn Mawr Hospital Auditorium (to the right of ER)	130 South Bryn Mawr Avenue Bryn Mawr, PA 19010 (Parking garage across from ER; Parking costs currently \$8.00 per day)
<a href="#">May 9, 2012</a>	Luzerne	Temple Apartments	5 Heisz Street Edwardsville, PA 18704
<a href="#">May 16, 2012</a>	Clearfield	Lock Haven University Clearfield Campus – Classroom A131	201 University Drive Clearfield, Pa. 16830

**\*Registration ends for each session on the Monday of the week of the session.\***

**All Sessions will be held from 10 A.M.-2:30 P.M.**

**Registration is \$75 per participant**

**Beverages and a light lunch will be provided.**

## *Target Audience:*

This training is for all individuals who provide care to older adults such as nurses, social workers, counselors, and aging, substance abuse and mental health staff. CEU's have been applied for nurses, social workers, NHA, PCH Administrators, etc. See below for CEU information.

## *Educational Objectives:*

At the completion of this seminar, participants will be able to:

- Differentiate the most common forms of dementia including: Alzheimer's dementia, Vascular dementia, Frontal Temporal dementias, and Lewy Body dementia.
- Identify the new diagnostic criteria for Alzheimer's disease
- Articulate the difference between delirium and dementia.
- Appreciate the common psychiatric and behavioral symptoms of the individual suffering from dementia.
- Describe interventions that may be used with individuals who are suffering from dementia including: communication skills, behavioral management, psychosocial interventions, and medications.
- Identify community resources available for both professionals and family caregivers.

## *Continuing Education Credits Applied For:*

**Continuing Education Contact Hours: This educational activity offers 4.0 contact hours**

### **Nursing**

Inquisit<sup>®</sup> is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

### **Long Term Care Administrators**

Inquisit is a Certified Sponsor of professional continuing education with the National Association of Long Term Care Administrator Boards (NAB) and has approved this program for the number of clock hours listed under their sponsor agreement with NAB/NCERS. State licensure boards, however, have final authority on the acceptance of individual courses.

### **Social Workers**

This program has been applied and approved by the National Association of Social Workers for 4.0 Continuing Education Contact Hours.

### **Certified Counselors**

Inquisit is recognized by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines. This program offers 4.0 hours NBCC Provider Number 5973.

### **PA Commonwealth of Pennsylvania, Dept of Public Welfare Personal Care Home Administrators**

This program has been approved for 3.5 contact hours for Personal Care Home Administrators.

### **Case Managers**

This program has been pre-approved by the Commission for Case Manager Certification to provide continuing education credit to Certified Case Managers (CCMs).

## **Requirements for credit:**

Full attendance is required at the workshop to receive CE credits or hours for social workers, and nurses. Partial credit will NOT be awarded. Late arrivals or early departures will preclude awarding CE credits or hours

- Attend/participate in the educational activity and review all course materials.
- Complete the CE/Evaluation form.
- Return the completed form to your conference host at the conclusion of the event.
- Participants will be mailed a statement of credit within 4 weeks.

# Understanding Dementia: Diagnosis, Treatment and Behavioral Management

## Agenda:

- 9:30 AM Final Registration
- 10:00 – 11:30 Understanding Dementia
- Alzheimer’s Disease
    - New Criteria and Guidelines for Alzheimer’s Disease
    - Research priorities
  - Vascular Dementia
  - Frontal Temporal Dementia
  - Lewy Body Dementia
- 11:30 – 12:00 Differentiating Between Dementia and Delirium
- Medical Illness/ Psychiatric Symptoms
  - Risk Factors
  - Assessing for Delirium
- 12:00 – 12:30 LUNCH
- 12:30 – 1:30 Behavioral and Psychological Symptoms of Dementia
- Communication Strategies
  - Behavioral Management
  - Psychosocial Interventions
- 1:30 – 2:00 Medication Management for Individuals Suffering from Dementia
- Specific Medications for Alzheimer’s dementia
    - Cholinesterase Inhibitors
    - N-methyl-D-aspartate (NMDA) receptor antagonist
  - Antidepressant Medication
  - Antianxiety Medication
  - Antipsychotic Medication – Black Box Warning
  - Mood Stabilizers
- 2:00– 2:15 Resources for Professionals and Family Caregivers
- 2:15 – 2:30 Conclusion and Evaluations

Content for this presentation was prepared by:

**Ms. Linda Shumaker, RN-BC, MA**, is a registered nurse currently serving as Outreach Coordinator of the Pennsylvania Behavioral Health and Aging Coalition. She has extensive clinical experience working in community mental health, geriatric assessment teams and long-term care. In addition, she has been an instructor of psychiatry at the Penn State College of Medicine. She has served as a founding member and former Executive Director of the Pennsylvania Behavioral Health and Aging Coalition, as a member of the Older Adult Committee of Pennsylvania Office of Mental Health and Substance Abuse Planning Council, and as a member of the Long Term Care Subcommittee of the Medical Assistance Advisory Committee. She has also previously served on the Board of Directors for the Pennsylvania State Alzheimer’s Association and the Advisory Board for the Central Pennsylvania Chapter of the Alzheimer’s Association.

# REGISTRATION FORM

Registration also available online at [www.olderpa.org](http://www.olderpa.org)

## Understanding Dementia: Diagnosis, Treatment and Behavioral Management

PLEASE COMPLETE ALL INFORMATION REQUESTED BELOW: (Please print)

TRAINING LOCATION (Please indicate which you plan to attend):

\_\_\_\_ [10/6/11 - Berks County](#)      \_\_\_\_ [12/7/11 - Centre County](#)      \_\_\_\_ [5/9/11 - Luzerne County](#)  
\_\_\_\_ [11/9/11 - Westmoreland County](#)      \_\_\_\_ [4/4/12 - Montgomery County](#)      \_\_\_\_ [5/16/11 - Clearfield County](#)

Name: \_\_\_\_\_

Job Title/Position: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zipcode \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_

Email Address: \_\_\_\_\_

Type of credit desired: (CIRCLE ONE if you qualify)

- Case Manager
- Certified Counselor
- Licensed Social Worker
- Long Term Care Administrator
- Nursing
- Personal Care Home Administrator

If you are requesting credit, your certificate will be sent to the above address.

Registration is \$75 per participant.

Method of Payment:

\_\_\_\_ Check (made payable to PA Behavioral Health & Aging Coalition)

\_\_\_\_ Credit card payments will be accepted via online registration only at [www.olderpa.org](http://www.olderpa.org)

Refund/Cancellation:

Canceled registrations more than two weeks before the activity will be refunded less a 20% service charge. Cancellations less than two weeks before the program will be invoiced or a substitute is permitted. If registering less than two weeks before the program, the fee is due in full and substitution is permitted. Inquisit<sup>®</sup>, does not guarantee, warrant, certify, verify, and/or authorize the content of this seminar, and/or any subsequent use of the information presented at this seminar. This seminar is not a clinical/medical service, but is intended for educational purposes only.

Registration is available online at [www.olderpa.org](http://www.olderpa.org) or may be submitted via fax at 717-370-6016 to The Pennsylvania Behavioral Health & Aging Coalition or e-mail to: [rebecca@olderpa.org](mailto:rebecca@olderpa.org)

Please call for further information: 717-541-4219